



50 Environmental Activities Kids Can Do at Home

Here is a list of fun activities to help kids learn about the planet and how to protect it.

How many can you check off the list?

Learn about ways to reduce waste

- Watch [The Story of Stuff](#) and clean out your junk and look for treasures.
- Measure your weekly trash output. Make a plan to reduce your family's waste by 25% by the time school starts.
- Make a pledge to reduce your plastic use and create an online challenge with your friends.
- Reduce food waste by [reorganizing your fridge](#).
- Make a [compost bin](#) for your kitchen.
- Make your own [reusable bag](#) from old t-shirts.
- Make your own [produce bag](#) for fruits and vegetables.
- Make [reusable food wraps](#) from beeswax.
- Try to repair something -- whether a toy, gadget or a picture frame, there are instructions to fix anything on YouTube. Discuss how [repair cuts waste](#) while you fix your item.
- Make [art out of your trash](#) and then have an art show at home.
- Make [crafts out of plastic bottles](#).
- Upcycle styrofoam with [these craft ideas](#).
- Write a letter to your member of Congress to support the [Break Free from Plastic Act of 2020](#), to reduce single-use plastic and packaging nationally.



Plant a pollinator garden to help bees thrive.

Learn about climate change

- Become energy waste detectives by using our [citizen's guide to reducing energy waste](#).
- Make a challenge to [keep unused lights off](#) in your house.
- Make your own [wind turbine](#) and learn about the [power of offshore wind](#).
- Make your own [solar oven](#) from a pizza box and find out how using [solar power](#) could make your community healthier and cleaner.
- Calculate [your family's carbon footprint](#).
- Make videos in support of moving our country to [100% renewable energy](#). Post the video and tag your elected officials on social media.
- Learn about the [impact of transportation on our climate](#). Make a plan for how to incorporate more walking and biking into your family's daily life -- and more public transit once we get past "social distancing."

Learn about plants

- ❑ Learn about the [earth](#), [trees](#), and [plants](#).
- ❑ Learn about [the rainforest](#) and then [make a terrarium](#).
- ❑ Make [leaf rubbings on paper](#).
- ❑ Create a self portrait out of leaves, sticks, and other foraged materials.
- ❑ Learn how to [plant a garden](#) outdoors. If you are in Colorado, you can get your own [bee friendly garden kit](#) from Environment Colorado.
- ❑ Or start an [indoor container garden](#).
- ❑ Make [plantable seed paper](#) from old paper scraps.
- ❑ Make [seed bombs](#) to help bees and other pollinators.
- ❑ Play a game about [where your food comes from](#).

Learn about waterways, parks and conservation

- ❑ Research waterways in your community and make a map of local rivers, lakes and streams.
- ❑ Learn about water pollution through [these activities](#).
- ❑ Take a virtual tour of our parks, such as [Yellowstone National Park!](#)
- ❑ Take a [virtual dive](#) in the Florida Keys or one of our other marine sanctuaries.
- ❑ Learn about [glaciers](#) and write a story or draw a picture about them.
- ❑ Learn about [healthy soils](#).
- ❑ Take action to support the [Land and Wildlife Conservation Fund](#), which is the nation's most successful federal land conservation and recreation program.

Learn about bees, birds and other wildlife

- ❑ Learn about [how animals camouflage themselves](#). Play hide and seek inside based on what you learn!
- ❑ Learn about [birding](#).
- ❑ Make a [bird feeder](#) out of an apple, peanut butter and birdseed.



Create your own self portrait out of foraged materials.

- ❑ Turn a milk or juice carton into a [bird feeder](#).
- ❑ Build an [insect hotel](#).
- ❑ Read the book [Myrtle the Turtle](#) and [discuss the impacts of plastic waste](#) on our planet.
- ❑ Make a [mason bee home](#).
- ❑ Make up a song about protecting animals in your hometown from pollution.
- ❑ Draw pictures of your favorite animals that need greater protections, such as [bees](#), [sea turtles](#) and [orcas](#). Post the pictures to social media and tag your elected officials.

Create a healthier home and community

- ❑ Create an [environmental scavenger hunt](#). Adapt it to your own home or backyard.
- ❑ Write a letter to your school district asking them to adopt [electric school buses](#).
- ❑ Go for a hike and teach your children about [park trail stewardship](#).
- ❑ Download the [Wow in the World kids podcast](#) and discuss the topics after each episode.
- ❑ Organize a family litter patrol. Get gloves and/or pick-up tools and pick up trash if you go on walks at a nearby park.

Environment America

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#NatureInTheNeighborhood ♦ #GreenerTogether

